## **NBLL LIGHTNING SAFETY PLAN**

1. Activities on the fields should be <u>stopped immediately</u> if the following occurs:

Lightning is observed

Thunder is heard

2. Any of the following individuals can stop the activities:

Adult Umpire

Manager or Coach

Any Board of Directors member

3. All individuals should evacuate the field and go to a safe structure.

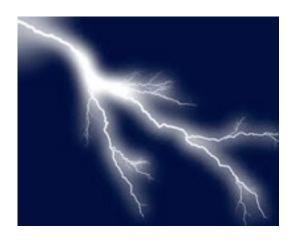
Examples of safe structures are:

Any four wall building with a roof and electrical and/or plumbing lines to ground.

A car with a metal roof and closed windows.

Dugouts, sheds and park shelters are NOT SAFE.

- 4. Play cannot resume until 30 minutes after the last thunder is heard.
- 5. The decision to resume play should be a unanimous agreement between adult umpire(s) and both managers in the case of a game and by individual managers at a practice.
- 6. If anyone is struck by lightning:
  - 1 Move victim to a safe structure outlined above
  - 2 Call 911



- 3 Begin CPR immediately if needed
- 4 Retrieve an automated external defibrillator (AED) if available nearby