

2023 Single A Rules

1. Time. Games shall be played for about 60 minutes. No new inning or half-inning will begin after 50 minutes have elapsed from the game's beginning (up to the discretion of the coaches based on speed of play and upcoming games).
2. Mandatory Playing. Every player on a team roster will play the entire game.
3. Batting. Every player on the roster bats every inning.
4. On-Deck. An on-deck batter is not permitted at any time. All players are to remain in the dugout when not batting or playing defense.
5. Coach Pitch. Coaches pitch and play the catcher position at the single A level.
 - We suggest that the hitter be given the opportunity to hit no more than 5 good pitches. Coaching discretion is advised, being mindful of keeping the pace of play moving to provide all players as many at-bats as possible.
 - If the batter does not successfully put the ball into play after 5 good pitches, they must use the batting tee. The batter may have as many swings as necessary to put the ball into play off the batting tee.
6. Stealing/Leading Off. Stealing and leading off are not permitted. A runner must remain in contact with a base until the pitch has reached the batter.
7. Fielding. We recommended that all players occupy the field.
8. Rotating Fielding Positions. Players should play different positions throughout the game, and coaches should make sure all players have a chance to play the most popular positions (pitcher and first base).
9. Batting Order. The batting order can be changed every inning to allow everyone to lead-off and hit last.
10. Outs. If a batter or runner is called out by the coach doing the pitching, the batter or runner shall return to the dugout. Each team shall bat through the lineup in each half-inning regardless of the number of outs recorded.
11. Advancing. A runner shall advance only one base on a hit unless the batted ball clearly leaves the infield (to the grass), the runners and batter may advance one extra base at their peril (can still get out). Players shall not advance on overthrows.
12. Substitutions. Substitutions are allowed at any time at any position.
13. Equipment. NBLL provides the game balls, batting tees, and bats. All batters and base runners must wear helmets at all times.